



Eastcote Hockey Club Risk COVID Control Policy and Risk Assessment updated 28 MARCH 2021 Stage 1
National Unlock Roadmap compliant.

PART 1 - CLUB COVID POLICY

The unlock from COVID 19 and re-opening the Club. In re-opening Eastcote Hockey Club, the Club Management Committee will re-open the Club through a series of graduated unlocking stages, which is both compliant with the law, Government policy, and the framework from England Hockey.

Stage 1 (29 March 2021) organized outdoor team sport and training recommences. Car sharing and spectating remains prohibited, and off-pitch all activity is curtailed to 'two households or rule of six'.

Stage 2 (12 April) outdoor hospitality reopens; 'two household/six people' remains in force.

Assume: car sharing and spectating remains prohibited.

Stage 3 (17 May 21) indoor hospitality reopens; rule of six to be reviewed, law of 30 remains.

Assume: clubhouse reopens, car sharing can recommence, and spectating will be allowed.

Stage 4 (21 June) all restrictions lifted, unless there are localized outbreaks.

This document provides the assessment and control of risk to mitigate COVID 19 to enable Eastcote Hockey Club to play hockey in accordance with the national Stage 1 unlock roadmap from 29 March 21. It will be updated NLT than 11 Apr to enable further relaxation of controls on 12 Apr 21 in accordance with Stage 2, and thereafter 17 May 21 and 21 Jun 21 for Stage 3 and Stage 4.

Compliance and Implementation. All club members (including coaches, officials, captains, players and family members of players) organizing and taking part in hockey at Eastcote Hockey Club (including spectating (once allowed) and social activity undertaken at or in proximity to the Club) must act compliant with this Club assessment. Failure to do so could be unlawful, and you could be liable to prosecution or fixed penalty.

PART 2 CLUB COVID RISK ASSESSMENT AND CONTROL MEASURES

Updated as at 28 Mar 21. This assessment was updated as at 28 Mar 21 to enable recommencement of organized sport outdoors on 29 Mar 21, and is written compliant with the Government's published roadmap as announced by the Prime Minister on 22 Feb, and as announced in more detail by the Secretary of State for Health on 22 March 21.

Applicability.

Activity: This assessment is applicable to all hockey training and games.

People: This assessment applies to junior and senior sections, officials, and other club members and family members of club members.

Place: This assessment only applies for the provision of hockey, and associated training, including fitness training, **at the Eastro**.

This assessment does not provide for the control necessary for the provision of other sport by organisations hiring the pitch, including schools and other sports, such as footballers.

Risk	Risk to	Detailed risk	Risk Level	Mitigation and control measure	Post mitigation risk level	Resp.	Action and Date
Lack of information provided	General public, players, officials, visitors, club management	1. Control measures ignored.	Medium	<ol style="list-style-type: none"> 1. Check: https://www.gov.uk/government/collections/local-restrictions-areas-with-an-outbreak-of-coronavirus-covid-19. Communication via w/site, social media and newsletter 2. Posters (EH provided) displayed at pitch 3. Management Committee to undertake spot checks to ensure rules are being adhered to and breaches are dealt with quickly and effectively. 	Low	<p>COVID-19 Officer & EHBC Management Committee responsible for putting arrangements in place and ensuring/monitoring compliance.</p> <p>Participants responsible for being aware of guidance and complying. In the case of U18s this is the responsibility of parents.</p> <p>Information cascaded to/from COVID Officer, through captains to players, especially about legal</p>	28 Mar 21. Has been discussed at Management Committee, and circulated to captains and coaches.

Risk	Risk to	Detailed risk	Risk Level	Mitigation and control measure	Post mitigation risk level	Resp.	Action and Date
						requirement to always comply with 'rule of six'.	
Spreading the infection on the way to the Eastro and before playing	General public, players, officials, visitors, club management	<ol style="list-style-type: none"> 2. COVID symptoms in participants, players, officials and coaches. 3. COVID symptoms in EHBC participant households 4. Participants don't carry out pre-attendance hand washing 	High	<ol style="list-style-type: none"> 4. Authorized persons to open and prepare pitch for playing activity – zones for players, officials and spectators 5. Pre-Session Self-Check: all participants to undertake pre-participation self-check; any symptoms or positive test, in you or your household/bubble, and you may not participate. 6. School Outbreaks: juniors who have been sent home from school due to an outbreak are NOT to attend hockey. 7. Changing: players are to arrive changed. Changing rooms are not provided. 8. Equipment: participants to bring their own equipment and not share. Where equipment is shared it should not be handled, and cleaned in between Guidance regarding equipment to be brought to pitch and not sharing 9. Participation Agreement: all participants must have completed their EH Participation Agreement Form; this only need be completed once, and therefore remains valid from 2020. 10. Travel to Pitch. Players should travel so they arrive no earlier than 30 minutes before push back. 11. Car sharing. You should not car share to attend sport. 12. Car park. All participants must adhere to rule of six/two households legal limit. Social gathering should only take place in separate and distinct groups. 13. Track and Trace: QR code and website details provided at side of pitch. All participants are to track and trace via the QR reader. COVID officer to review compliance weekly, and submit weekly last 21 days data to England Hockey. 14. Warming Up before entry into the Cage. Players/teams may warm-up/team talk before 	Low	<p>COVID-19 Officer & EHBC Management Committee responsible for putting arrangements in place and ensuring/monitoring compliance.</p> <p>Participants responsible for being aware of guidance and complying. In the case of U18s this is the responsibility of parents.</p>	<p>21 Mar 21 Pitch QR checked to ensure functional and compliance</p> <p>28 Mar 21 Details recirculated to Management Committee</p>

Risk	Risk to	Detailed risk	Risk Level	Mitigation and control measure	Post mitigation risk level	Resp.	Action and Date
				<p>entering the cage, but must remain rule of six compliant.</p> <p>15. Access into the Cage. Only players and officials may enter the cage; you should enter and wait, socially distanced/rule of six, in the spectator area, before then entering the playing area via a one-way system. Long way one, short route off.</p> <p>16. Hand cleaning: bring your own and club provided, sanitise frequently.</p> <p>17. Officials. Officials should administer themselves away from the participating players.</p> <p>18. Players on entry to/off pitch. On completing a game, players should leave the playing surface as quickly as possible in order to make room for the next teams. Players entering the playing surface should deposit their gear adjacent to the shelters, but retain social distancing.</p> <p>19. Spectating: is not allowed</p> <p>20. Guidance on availability and procedures for use of toilets: (open pre/post games for 30 mins):</p> <ul style="list-style-type: none"> - Avoid congregation in entrances to Club House and toilets. - Wear a facemask indoors. - Do not drink Clubhouse tap water. <p>Management Committee to undertake spot checks to ensure rules are being adhered to and breaches are dealt with quickly and effectively.</p>			
Spreading the infection while Playing	General public, players, officials, visitors, club management	<p>5. Risk of spectators mingling in the carpark and beside the pitch during the game and at half time in groups of more than 6 people.</p> <p>6. Risk that players</p>	High	<p>21. Control of group size on the playing surface. For matches, each squad to be no larger than 15 players, plus match officials. During training, coaches should limit each group to no more than 30 players, but there may be more than one group on the pitch. Coaches may move between groups provided they remain socially distanced.</p> <p>22. Spectating is not allowed. Parents of players should wait away from the cage and comply with the rule of six/ two households.</p> <p>23. Alcohol. No alcohol is to be consumed within the</p>	Low	<p>COVID-19 Officer & EHBC Management Committee responsible for putting arrangements in place and ensuring/monitoring compliance.</p> <p>Participants responsible for being</p>	28 Mar 21 Details recirculated to Management Committee

Risk	Risk to	Detailed risk	Risk Level	Mitigation and control measure	Post mitigation risk level	Resp.	Action and Date
		<p>and coaches pass the infection on during warm-ups both before the game and when substitutes are preparing to play.</p> <p>7. Risk that infection is passed on through the sharing of equipment.</p> <p>8. Risk to players and coaching staff due to proximity at the side of the pitch and in and around the dugouts and through touching bags etc of others.</p> <p>9. Risk associated with the treatment of injuries.</p> <p>10. Risk associated with excessive shouting at other players or umpires/coaches</p> <p>11. Risk associated with the proximity of players to each other during</p>		<p>cage.</p> <p>24. Playing behaviours: captains and coaches to encourage:</p> <ul style="list-style-type: none"> • Warm up exercises do not promote overly close contact. • Respect for opposition and umpires • Penalty Corners and Free-hits around the D are taken promptly • The ball is only touched with stick/GK equipment and not hands. • Use of own protective equipment or club equipment is disinfected before use (e.g. facemasks) • Social distance is maintained when play stops • Excessive shouting is avoided, especially in close proximity or face to face. • No spitting. • No handshakes with other players or close contact during goal celebrations or at the end of the game takes place • After handling gumshield, where feasible disinfect hands. • Substitutes and coaches socially distance on the touchline or in the dugout. The dugouts will be marked out to support social distancing. • No sharing of water bottles • No sharing of equipment • Players and officials kit bags and belongings are placed 2m apart on the dugout side of the pitch • Injury treatment is undertaken using masks and gloves (provided as part of First Aid kit to coaches). Hands are sanitised at the earliest opportunity. • Management Committee to undertake spot checks to ensure rules are being adhered to and breaches are dealt with quickly and effectively. 		<p>aware of guidance and complying. In the case of U18s this is the responsibility of parents.</p>	

Risk	Risk to	Detailed risk	Risk Level	Mitigation and control measure	Post mitigation risk level	Resp.	Action and Date
		<p>short-corners.</p> <p>12. Risk associated with spitting on the pitch.</p> <p>13. Risk associated with gathering of players during breaks in play.</p>					
Risk of infection during changeover between games	General public, players, officials, visitors, club management	<p>14. Risk associated with gathering of players and spectators when games changeover.</p> <p>15. Risk of infection from touchpoints.</p>	Medium	<p>25. Match separation. Aim to plan fixtures so that there is at least 10 minutes gap between games to allow safe entry and exit to the ground and avoid congregations</p> <p>26. One-way exit. Appropriate signposting at Eastro reminding participants and players that they must wait until previous games have vacated the pitch area before entering the pitch area</p> <p>27. Social distancing. Signage to remind participants that social distancing of 2 m and groups of no more than 6 people must be maintained at all times.</p>	Low	<p>COVID-19 Officer & EHBC Management Committee responsible for putting arrangements in place and ensuring/monitoring compliance.</p> <p>Participants responsible for being aware of guidance and complying. In the case of U18s this is the responsibility of parents.</p>	28 Mar 21 Details recirculated to Management Committee
At the end of games and on leaving the venue	General public, players, officials, visitors, club management	<p>16. Risk of participants gathering in groups larger than 6 and not socially distancing</p> <p>17. Risks associated with players socializing after games in the club vicinity</p> <p>18. Risks associated with participants not maintaining</p>	Medium	<p>28. Hands. Sanitise on leaving the pitch.</p> <p>29. Match fees: all to use contactless payment.</p> <p>30. Social distancing: all to comply with 2m, rule of six, two households' rule.</p> <p>31. Changing rooms: to remain closed.</p>	Low	<p>COVID-19 Officer & EHBC Management Committee responsible for putting arrangements in place and ensuring/monitoring compliance.</p> <p>Participants responsible for being aware of guidance and complying. In the case of U18s this is the responsibility of</p>	28 Mar 21 Details recirculated to Management Committee

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		social distancing in the Club House – see Club House risk assessment and guidance. (Web reference) 19. Risks associated with players and officials changing and showering in close proximity after the game.				parents.	

Assessing Officer:

Richard Langley OBE
 COVID Officer EH&BC
 28 Mar 21

References (all accessed Sunday 28 March 2021)

Cabinet Office: COVID 19 Response – Spring 21 (Roadmap) <https://www.gov.uk/government/publications/covid-19-response-spring-2021>

Public Health England: COVID 19 for families <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

England Hockey: framework for summer of fun <https://www.englandhockey.co.uk/media/news/hockeys-first-steps-back-for-summer-of-fun>

DCMS: Working Safely with COVID <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19>

DCMS: Providers of grass roots sports <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities>

DCMS: Grassroots sports guidance <https://www.gov.uk/guidance/coronavirus-covid-19-grassroots-sports-guidance-for-the-public-and-sport-providers>

DCMS: Grassroots sports guidance including contact sports <https://www.gov.uk/guidance/coronavirus-covid-19-grassroots-sports-guidance-for-safe-provision-including-team-sport-contact-combat-sport-and-organised-sport-events>

Health and Safety Executive: <https://www.hse.gov.uk/coronavirus/working-safely/risk-assessment.htm>

DoE: Schools and children <https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

DHSC: Maintaining records <https://www.gov.uk/guidance/maintaining-records-of-staff-customers-and-visitors-to-support-nhs-test-and-trace>

DHSC: framework for local decision makers <https://www.gov.uk/government/publications/containing-and-managing-local-coronavirus-covid-19-outbreaks/covid-19-contain-framework-a-guide-for-local-decision-makers>

DoT: Safer travel <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers>