

## **Adults at Risk Policy & Procedures**

### **EASTCOTE HC CONTACTS IF YOU WANT TO DISCUSS ANY ISSUES IN THIS POLICY**

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**Eastcote Hockey Club fully adopts the England Hockey policy on Adult Welfare.**

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### **What is an Adult at Risk?**

**An Adult at Risk is someone over the age of 18 that:**

- Has needs for care and support (whether or not the local authority is meeting any of those needs)
- Is experiencing, or is at risk of, abuse or neglect.
- As a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of, abuse or neglect. (Anne Craft Trust, 2018)

### **Should a club have a Safeguarding Adults Policy?**

England Hockey strongly recommends that clubs have a Safeguarding Adults Policy that is separate to their Safeguarding Children Policy (should they have one). This is recommended for a number of reasons:

- Adults and children can face different sets of issues to each other.
- Definitions and terms used in adult and child safeguarding can differ from each other.
- Reporting procedures and case handling are different.
- There is different legislation and policy for child and adult safeguarding.
- Adults have the right to self-determine (choose whether they wish to receive help) whereas children do not.

Clubs also have a duty of care to all people who are deemed to be vulnerable, regardless of age. Any club that are not fulfilling their duty of care could be putting an adult at risk.

England Hockey is committed to creating and maintaining a safe and positive environment and accepts our responsibility to safeguard the welfare of all adults involved in hockey in accordance with the Care Act 2014

England Hockey's safeguarding adult's policy and procedures apply to all adults, 18 years or older, involved in hockey. The policy and procedures can be found by clicking below:

[Safeguarding Adults at Risk Policy and Procedures \(July 2017\)](#)

Club Matters, in collaboration with The Ann Craft Trust, have produced a short video which goes over the key principles of adult safeguarding and tips for dealing with a safeguarding concern. To view the video, please click [here](#).

[The Ann Craft Trust \(ACT\)](#) – A charity that receives funding from Sport England to develop best practice for safeguarding adults at risk in sport.

### **Mental Health Awareness Training and Toolkit**

UK Coaching has created an Online Workshop for coaches in order to better understanding around mental health problems, how these can be barriers to participation and increase confidence to speak about mental health. The workshop is 2-3 hours long and costs £18. A link to where you can find out more about this workshop and purchase it can be found by clicking [here](#).

The mental health charity Mind run face-to-face workshops based on what is taught on UK Coaching's Online Workshop. If your club is interested in running a face-to-face workshop, please click [here](#).

Mind have also produced a toolkit that is designed for clubs who may have people with mental health problems participating. To download the toolkit, please click [here](#).

For further useful information about safeguarding adults at risk, England Hockey recommends the following contacts:

Alison Hogg – Ethics and Welfare Manager – [alison.hogg@englandhockey.co.uk](mailto:alison.hogg@englandhockey.co.uk) / 01628 897500

[Mind](#) – A charity that provides advice and support to anyone who is experiencing a mental health problem. Their website includes:

- Advice on how to speak to someone experiencing a mental health problem
- Self-care advice and tips
- Helplines to support people with questions around mental health