EHC - Covid-19 Adult Training - Guidance for Members - Step 4

Adult Hockey Training from 18 August 2020

The Management Committee and Covid Support team have approved that training under England Hockey's Step 4 guidelines can now take place. For all those taking part in the training sessions, it is your responsibility to read, familiarise and comply with the guidelines to create a safe training environment for all those involved as a player, coach or umpire.

You are not to attend training or any hockey activity if you or someone you live with display any of the symptoms shown below or are self-isolating or are subject to quarantine rules due to UK travel restrictions.

- A high temperature (above 37.8 o C)
- A new, continuous cough
- A loss of, or change to, their sense of smell or taste

Requirements for attending training sessions

- 1. You must have completed the England Hockey Participation Agreement. See HERE
- 2. You must complete an Attendance sheet for each session you attend by using your mobile phone to scan the image below:



The QR codes will be available at the pitch to use

Or by filling in the form. Click this **LINK**

3. Read, familiarise and comply with England Hockey Advice for Participants & Coaches. Click HERE

REMEMBER - it is still very important to:

- Use the hand sanitisers on entry and exit
- Socially distance at all times before and after training and in gaps during training drills
- Do not touch any equipment that's not yours including hockey balls and avoid touch points at the pitch