



Welcome to the new Junior Season
2020-21



A guide for parents

The club is looking forward to welcoming your children this season and we ask you to read through these new guidelines and talk them through with your child.

Changes to the rules

SOCIAL DISTANCING AT ALL TIMES EXCEPT IN GAMEPLAY

Before you Arrive at the Pitch

- Complete the Participation Agreement for each junior online (only needed once per season).
- Complete the online Attendance sheet for each junior every time they are on the pitch at Eastcote or St Helens.
- Arrive changed with as little extra stuff as possible.
- Toilets will not be open.
- Bring your own hand sanitizer.
- ***To reduce car park congestion, please park and walk where possible.***

On the Pitch

- We are operating a one-way system at Eastcote
- Follow the one-way system - wait in the zone areas by the grass for your coach. Then enter the pitch through the spectator zone to the far end; exit by the car park.
- No player to enter the pitch before their session starts
- No sharing of kit, water bottles, face masks, sticks, gum shields. You will need to supply your own.
- Only touch the ball with stick or feet.
- A register will be taken by the coaching team at every session.
- No players are allowed to spit and/ or blow nose without a tissue.

At the Pitch

- Spectators allowed in designated areas with social distancing measures applying as per govt guidelines.
- **Parents to leave the spectators area BEFORE the end of the session and go to the collection area.**
- Parents please do not engage in chatting with the coaches.
- Spectators to avoid congregating around the entrance areas/car park.
- Spectators at St Helens, must 'drop/collect and go' with waiting in the car park.
- Use a hand sanitiser as soon as you leave the pitch.
- Remember all water bottles and kit.

FYI

England Hockey require the club to operate a track and trace system, so your help in this is greatly appreciated.

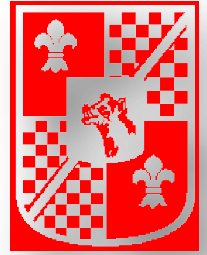
Please remember – do not travel if a junior or any member of the household has COVID-19 symptoms.

The club Covid 19 Officer can be reached on email: rilangley@yahoo.co.uk

By working together, we can have a safe & enjoyable season

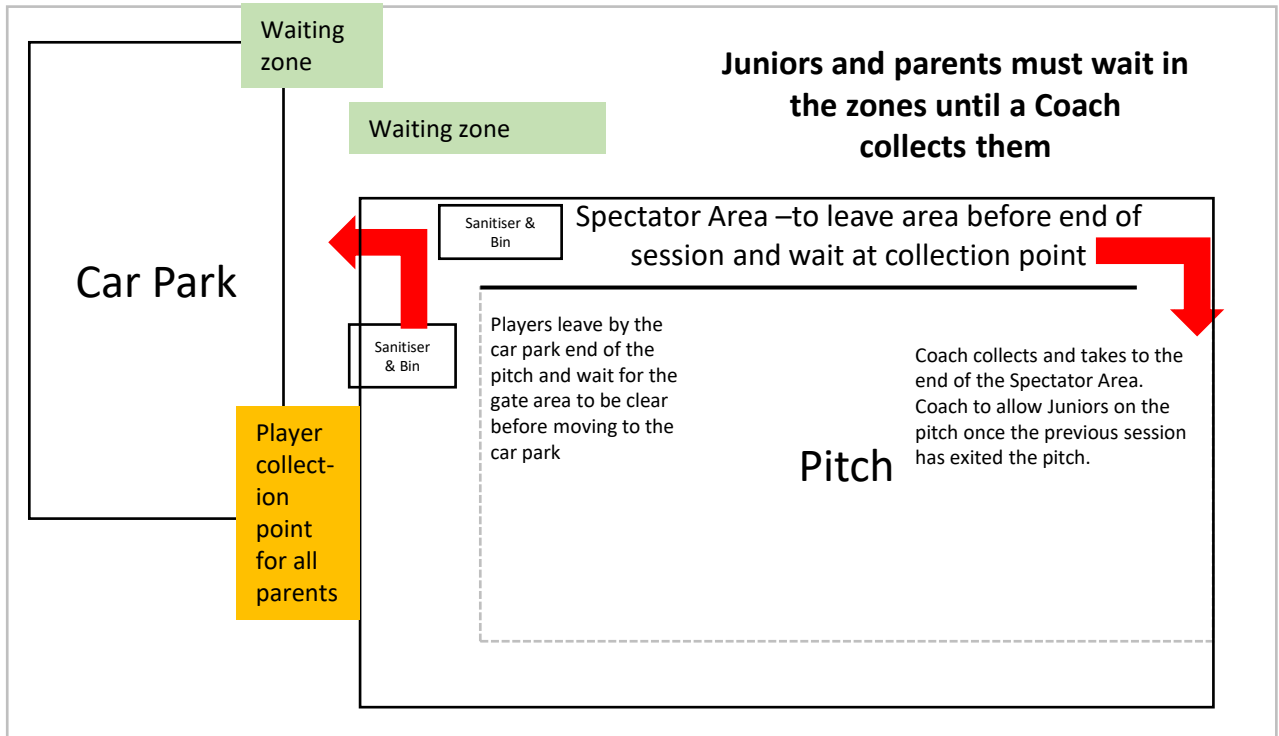


Welcome to the New Season with a few new rules



Eastcote Hockey Club Pitch Diagram

One-way system in place to reduce crowding



Links to Complete the 2 Forms

1. Participation Agreements

(Must be completed before playing for the first time, one time only. Click on the link below)

[England Hockey online form](#)

2. Attendance Form

Must be completed before every training session or match. Click on the link below)

[Eastcote Hockey Club Attendance online form](#)